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Press Release for 3rd Wave Brewing Company Inaugural 5K Run Good Friends Good Run Great Beer

For Immediate Release:

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RE: 3rd Wave Brewing Company Inaugural 5K Run in Delmar, DE

May 4, 2015, Delmar, DE: The inaugural 3rd Wave Brewing Co. 5K Run will be held on Saturday May 30th at 5:30 PM starting and ending at the Brewery located at 501 N. Bi-State Blvd, Delmar, DE 19940.

With many of the running and walking events taking place on the eastern side of Sussex County, Suellen Vickers from Seaside Smiles and 3rd Wave Brewing Co. invites "everyone to come visit the southwestern part of Sussex County and experience the Victorian charm of Delmar. Please join your friends and me for a fun, evening run and then spend time at our new brewery. You'll be glad you did!"

Delmar is located on the Delaware and Maryland state line along Route 54 and Route 13. Because it actually is on both sides of the state line it is known as "The Little Town Too Big for One State."

The 3^{rd} Wave Brewing Co. Inaugural 5K will be USATF certified with chip timing. Entrants receive a tee shirt, giveaways, and 3^{rd} Wave Cool Blue 32oz Flip-Top Growlers to overall male and female, masters male and female, and top 3 winners in each age group (21 and over). Categories are age 13 and under to 70 and over and top male and female walkers. The largest team will win a 3^{rd} Wave Cup Happy Hour. There will be post-race refreshments and beer for those age 21 and over.

Registration is available online at www.races2run.com and cost is \$20. After noon on Thursday prior to and on race day the cost will be \$25. Register early! Proceeds benefit Coastal Hospice and Palliative Care and the Delmar High School Volleyball Team. Race day registration begins at 4:00 PM. Race begins promptly at 5:30 PM.

Wayne and Barb Kursh, Race Directors, thank sponsors 3rd Wave, Seaside Smiles, Quade Creative Services, BBT, Standard Distributors, Kelly Distributors, RND, and ESD. They invite everyone in the area to come to the 3rd Wave Brewing Co. and take part in the inaugural 5K where you'll find "Good Friends, Good Run, Great Beer!"

Barb Kursh, President



