



PO Box 24, Montchanin, DE 19710

Press Release for Eternal Rest 5K – A Run Through History

For Immediate Release:

**Contact: Barb Kursh 302-521-0134
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Re: Eternal Rest 5K – A Run Through History

August 30, 2014, Wilmington, DE: The first Eternal Rest 5K – A Run Through History will be held at 5:00 PM on Saturday October 18, 2014 at 12th and Jefferson Streets, Wilmington, DE 19801. Proceeds from the race will go to the Wilmington and Brandywine Cemetery Historic Landscape Maintenance Fund.

Meeting and parking is at Christiana Care's Roxanna Cannon Arshat Surgicenter located next to the Cemetery. The run/walk will include starting and ending from the parking area, a run through the cemetery, and includes a loop around the Brandywine River. Be prepared for a trip back in time and a few goblins, ghouls, and ghosts!

The Wilmington and Brandywine Cemetery is rich in history dating back to 1845 when its location was then outside of the city limits. Influential Delawareans and Wilmington families are buried here. Overlooking the Brandywine River, the gardens are filled with lush plants, ancient ginkgo trees, flowering shrubs, statues, and walking paths. Proceeds from the Eternal Rest 5K will help to keep these grounds beautiful. Come run and walk in the cemetery and see what famous names you may find!

"The cemetery needs help to maintain the dignity of those who are buried here" says James T. Chandler, IV, President of the Board. "Our grounds hold remains of soldiers from many wars: War Between the States, World War I and II, as well as other conflicts. One of our frequently visited gravesites is that of Henry Latimer who was a US representative and senator from Delaware. His political history goes back as far as 1794" says Mr. Chandler. Last fall Gunning Bedford, a noted Delawarean was reinterred in the cemetery. "There are two congressional medal of honor recipients buried here, Emily Bissell who introduced the world to Christmas Seals, and the first governor of Delaware."

Race participants are encouraged to wear festive costumes. The course is USATF certified with chip timing. Entrants receive a tee shirt, giveaways, and awards to overall male and female, masters male and female, top three in ten year age categories 9 and under to 80 and over and top three male and female walkers, and for the best costume. There will be a "hoot" of a post-race party with catered refreshments for all participants and a beer and wine garden for those age 21 and over.

Wayne and Barb Kursh, race directors, invite everyone in the area to come to the Historic Wilmington and Brandywine Cemetery for this evening run and see how much fun you will have while raising money for such a worthwhile cause. Parking is available at the Surgicenter lot at 12th and Jefferson Streets.

Registration is available online at www.races2run.com, or until noon on Thursday prior to the run at the Delaware Running Company located at Greenville Crossing in Wilmington. Also you can register on the day of the run at 4:00 PM. Race begins at 5:00 PM sharp. Cost is \$20 in advance and \$25 on day of race.

Barb Kursh
President

Races 2 Run

Attached Photo Caption:

The Wilmington and Brandywine Cemetery will be hosting the *Eternal Rest 5K – A Run Through History* on Saturday October 18th starting at 5:00 PM from the Christiana Care's Roxanna Cannon Arsht Surgicenter located next to the Cemetery at 12th and Jefferson Streets in Wilmington.

JPG (5244910) below left and (6900827) below right and as separate file:



For Community Calendar:

October 18, 2014

The Eternal Rest 5K – A Run Through History

The Inaugural Eternal Rest 5K will start and finish at the Christiana Care Surgicenter located at 12th and Jefferson Streets, Wilmington, DE 19801 next to the Wilmington and Brandywine Cemetery on Saturday October 18th. Race starts at 5:00 PM. Register in advance at www.races2run.com or on day of event. Costumes are encouraged.