

Pump and Run Age Group Report

5K

Overall Female Winner

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Amanda Meade	Milford	25	250	22:17.5	50	12:30.0	9:47.5

Overall Male Winner

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	James Dawson	Hellertown	30	601	18:24.7	24	6:00.0	12:24.7

Male 14 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Brandon Twombly	Wayne	17	449	17:47.1	15	3:45.0	14:02.1
2	Ben Allen	Devon	18	440	16:58.5	4	1:00.0	15:58.5
3	Kevin Leimkuhler	Paoli	17	445	20:18.5	17	4:15.0	16:03.5

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Adam Horner	Conshohocken	32	411	25:28.9	24	6:00.0	19:28.9
2	Rudy Antonini III	Middletown	30	6	27:18.3	16	4:00.0	23:18.3
3	Jeff Carroll	Conshohocken	32	414	30:47.3	14	3:30.0	27:17.3

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Vic Hundley	Milford	37	174	33:49.7	29	7:15.0	26:34.7

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Jon Best	Antioch	45	638	26:16.4	24	6:00.0	20:16.4

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Randall Malick	Center Valley	51	602	27:15.3	52	13:00.0	14:15.3

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Pete Gitney	Chesapeake City	55	141	20:15.5	30	7:30.0	12:45.5
2	Jim Brown	Newark	55	44	27:47.3	58	14:30.0	13:17.3
3	Rick Poppleton	Rehoboth Beach	58	299	19:50.3	12	3:00.0	16:50.3
4	John Dedon	Clifton	55	89	23:21.2	15	3:45.0	19:36.2
5	Jack Edwards	Clarksburg	59	420	30:55.8	15	3:45.0	27:10.8
6	Tom Jones	Milton	56	183	32:20.7	17	4:15.0	28:05.7

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Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	William Ross	Lancaster	63	319	25:53.1	33	8:15.0	17:38.1
2	Tom Keating	Newark	63	192	23:51.6	12	3:00.0	20:51.6
3	Doug Morrow	Milford	61	613	35:12.2	23	5:45.0	29:27.2
4	Bill Funk	Newark	61	541	32:07.8	10	2:30.0	29:37.8
5	Brian Marrin	Lewes	64	236	47:43.0	10	2:30.0	45:13.0

Male 70 to 75

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Michael Wilson	Fairmont	72	662	32:54.7	29	7:15.0	25:39.7
2	John Neal	Rehoboth Beach	73	267	36:50.1	20	5:00.0	31:50.1

Female 14 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Shannon Sweeney	Wayne	15	446	20:47.5	8	2:00.0	18:47.5
2	Raven Dorsey	Wayne	17	442	21:35.0	11	2:45.0	18:50.0
3	Liane Riley	Devon	16	451	22:21.1	8	2:00.0	20:21.1
4	Molly Dudrear	Berwyn	16	441	23:25.4	12	3:00.0	20:25.4
5	Christine Farrell	Paoli	17	450	22:39.0	6	1:30.0	21:09.0
6	Caroline Deakins	Wayne	16	438	25:06.1	6	1:30.0	23:36.1
7	Erin Young-Dahl	Wayne	16	458	25:15.5	5	1:15.0	24:00.5

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Cory Boyd	Dover	21	650	22:18.5	20	5:00.0	17:18.5

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Karly Pascuzzi	Havre De Grace	33	283	22:59.2	16	4:00.0	18:59.2
2	Kathryn Hundley	Milford	33	173	33:13.1	26	6:30.0	26:43.1
3	Sandra Barron	Astoria	30	16	30:34.4	4	1:00.0	29:34.4
4	Cara Mowles	Wilmington	31	260	40:42.2	13	3:15.0	37:27.2

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Vanessa Cooper	Lewes	43	75	30:27.5	32	8:00.0	22:27.5
2	Diane Crawford	Chesapeake City	43	416	26:40.7	14	3:30.0	23:10.7
3	Vivian Bush	Rehoboth Beach	44	50	31:11.2	20	5:00.0	26:11.2

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
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1	Beth Johnson	Dover	48	618	25:34.2	50	12:30.0	13:04.2
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Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Valerie Fawber	Lancaster	57	119	36:21.2	17	4:15.0	32:06.2

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Kathy Tucker	Lewes	69	720	52:42.3	10	2:30.0	50:12.3

Pump and Run Age Group Report

10M

Overall Female Winner

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Eleanor Gitney	Chesapeake City	51	140	1:17:56.0	57	28:30.0	49:26.0

Overall Male Winner

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Adam Lawler	Newark	51	216	1:11:28.8	46	23:00.0	48:28.8

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Lance Skinner	Milford	33	338	1:13:03.1	32	16:00.0	57:03.1

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Alex Houston	Alexandria	39	170	1:33:04.8	10	5:00.0	1:28:04.8

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Kevin Burns	Wilmington	43	49	1:35:34.4	4	2:00.0	1:33:34.4
2	Jeff Warner	Rehoboth Beach	44	547	1:46:50.1	16	8:00.0	1:38:50.1

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Craig Karchner	Landenberg	48	189	1:20:20.9	28	14:00.0	1:06:20.9
2	Scott Snell	Arlington	45	709	1:14:44.1	13	6:30.0	1:08:14.1

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Mark Lewish	Middletown	52	222	1:20:06.4	18	9:00.0	1:11:06.4
2	Mark Brainard	Newark	52	37	1:21:55.7	16	8:00.0	1:13:55.7
3	Denver Pepper	Milton	52	288	1:47:32.6	36	18:00.0	1:29:32.6

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Michael Kozier	Oakland	58	211	1:17:47.3	3	1:30.0	1:16:17.3
2	Jose Rodriguez	Wilmington	59	318	1:26:33.0	19	9:30.0	1:17:03.0
3	John Jacob	Middletown	55	179	1:40:33.0	1	0:30.0	1:40:03.0
4	Paul Tucci	Coatesville	56	408	2:17:22.0	13	6:30.0	2:10:52.0

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10M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Terry Gricher	Bethany Beach	63	148	1:18:40.2	40	20:00.0	58:40.2
2	Jules Woodall	Camden Wyoming	63	394	1:29:30.8	14	7:00.0	1:22:30.8
3	Robert Wolhar	Rehoboth Beach	63	392	1:33:11.0	12	6:00.0	1:27:11.0

Female 14 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Lyndsey Wenzel	Chadds Ford	16	387	1:39:51.3	10	5:00.0	1:34:51.3
2	Margaret McConnell	Federalburg	18	240	1:45:53.0	14	7:00.0	1:38:53.0

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Anne Houston	Alexandria	33	171	1:32:33.9	10	5:00.0	1:27:33.9

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Rosanna Castillo	New York	39	406	1:45:53.0	7	3:30.0	1:42:23.0

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Mardiny Ung	Elizabethtown	44	370	1:18:08.9	19	9:30.0	1:08:38.9
2	Gia Zolper	Rehoboth Beach	40	403	1:28:01.8	11	5:30.0	1:22:31.8

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Terry Wilkinson	Lewes	47	612	1:37:08.9	50	25:00.0	1:12:08.9
2	Lori Graham	Bear	47	144	1:30:57.4	25	12:30.0	1:18:27.4
3	Kim Klabe	Rehoboth Beach	47	202	1:25:13.6	12	6:00.0	1:19:13.6
4	Michele Wenzel	Chadds Ford	48	388	1:36:29.4	3	1:30.0	1:34:59.4
5	Cindy Redefor	Rehoboth Beach	48	309	1:41:43.2	8	4:00.0	1:37:43.2
6	Patricia Jacob	Middletown	48	180	1:56:47.7	10	5:00.0	1:51:47.7

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Beth Peoples	Hockessin	51	287	1:41:25.5	35	17:30.0	1:23:55.5
2	Madelyn Jablon	Rehoboth Beach	54	178	1:49:01.8	43	21:30.0	1:27:31.8

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Laura Buckland	Rehoboth Beach	59	47	1:52:40.9	6	3:00.0	1:49:40.9

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10M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Sharyn Slick	Lancaster	64	339	1:41:15.1	50	25:00.0	1:16:15.1

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Betty Olmstead	Wilmington	65	275	2:19:55.4	16	8:00.0	2:11:55.4